

CLINICAL RESEARCH ASSOCIATES NEWSLETTER® 24TH YEAR AS THE CLINICIAN'S GUIDE TO DENTAL PRODUCTS & TECHNIQUES

Volume 24, Issue 11

November 2000

707 N. Canyon Road #6 Provo, Utah 84604 Phone: 801-226-2121 Veb Site: www.cranews.com

> In This Issue:

ENAMEL-DENTIN ADHESIVES, SELF-ETCHING PRIMERS

pages 1-3
• EMPLOYEE

EMBEZZLEMENT & FRAUD IN THE DENTAL OFFICE Book

page 4

PROFIN
DIRECTIONAL
SYSTEM
Finishing system
page 4

RUDDLE ON RETREATMENT Video set

page 4

PORCELAIN REPAIR KIT page 4

CRA FIRST LOOK

ENAMEL-DENTIN ADHESIVES, SELF-ETCHING PRIMERS (SEP)

Newest dental adhesives all use low pH primers that dissolve & impregnate the smear layer, but do not remove it. The new primers are called "self-etching primers". By eliminating the phosphoric acid etch, rinse, & dry steps, they shorten & simplify the adhesive procedure, leave the dentin covered at all times, & get rid of the ambiguous "damp dry" step. Six+ years of international <u>clinical</u> experience with Kuraray's self-etching primers, ED Primer & Clearfil Liner Bond 2V Primer, indicate excellent post-op sensitivity control. Report below shows performance & characteristics of 7 self-etching primer adhesives compared to other formulations.

1. WHAT TYPES OF ADHESIVE SYSTEMS ARE USED TODAY?

(Note color coding of adhesive Types which will be used throughout this report)

TYPE 1

TYPE 2

SELFETCHING
PRIMER
ADHESIVES

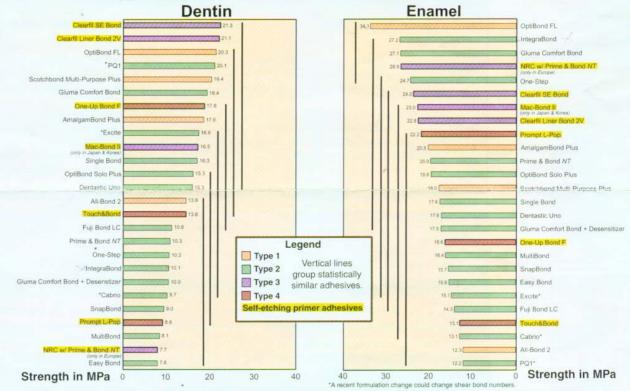
TYPE 3

TYPE 4

- Etchant applied & washed off to remove smear layer; primer & adhesive applied separately.
- = Etchant applied & washed off to remove smear layer; primer & adhesive applied in single solution.
- Self-etching primer applied to dissolve smear layer & not washed off; adhesive applied separately.
- = Self-etching primer & adhesive applied as single solution to dissolve & treat smear layer simultaneously.

2. HOW DO BOND STRENGTHS OF 7 SEP ADHESIVES COMPARE TO OTHER ADHESIVES ?

SHEAR BOND STRENGTH OF HERCULITE XRV TO DENTIN & CUT ENAMEL BY 26 ADHESIVES



SUMMARY OF GRAPH:

- 1) SEP adhesives bonded to dentin & cut enamel as well as other adhesives, including many "total etch" adhesives.
- 2) All 7 SEP adhesives did not have similar shear bond strengths. The 2 Clearfil products were overall best.
- 3) Bond strengths of Prompt L-Pop & NRC w/ Prime & Bond NT were much higher on cut enamel than dentin. The other 5 SEP adhesives bonded to dentin & enamel similarily.
- 4) Overall, on enamel Type 3 SEP adhesives had statistically highest bond strengths, & on dentin Type 3 & Type 1 were highest. However, the many overlapping significance groups indicate the complex inter-relationships of the bond strength values of the 26 adhesives tested.

Shear bond strength numbers can vary between test labs due to protocol differences, but comparison of numbers from the same lab are valid.

TYPE 1



All-Rond 2



AmalgamBond Plus



OptiBond FL

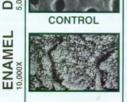


3. HOW DO SURFACES OF DENTIN & ENAMEL DIFFER WHEN TREATED WITH VARIOUS

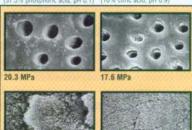
This section attempts to correlate dentin & enamel surface appearance with etchant pH & bond strengths to Herculite XRV. Bel

CONTROL etchant

DENTIN



C OptiBond FL etchant AmalgamBond Plus etchant (10% citric acid, pH 0.9)

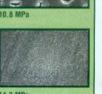


Easy Bond etchant

E Fuji Bond LC etchant



7.7 MPa



SUMMARY: SEP adhesives produced less surface etch than adhesives with a separate etch step (photos H, I, K, L compared to B, C, D enamel & dentin, but this did not necessarily result in highest shear bond strengths. For example: Note minimal surface changes with

4. CLINICAL FEATURES OF 26 ADHESIVES:

| TYPE 2 | | | | | | | |
|--------|-----|----|------|-----|--|--|--|
| 77 | 600 | 99 | | 000 | | | |
| | | | ğ | | | | |
| | | | E | | | | |
| | -10 | | i i | | | | |
| Ž | | | brio | | | | |





Easy Bond





Fuii Bond LC



Gluma Comfort Boni







MultiBond

| | BRAND NAME (in alphabetical order) | COMPANY NAME | PHONE | Cost per Use (US\$) > | # of Critical Adhesive co Parts (see photos) | Number of Steps O | Application Time to (seconds) | Cure Types Available m (light, dual, self) | Recommend Adhesive The Cure Before Place Direct Resin | Recommend Use w/ Self-Cure Composite | Recommend Use w/ I | Recommend Use for Seating Indirect Tooth- Colored Restorations | Recommend Use w/ Fresh Amaigam Bonding | Recommend Use w/ X | Pre-Dose Dispensing Available |
|-----|--|--------------------|-------------------|-----------------------|---|-------------------|-------------------------------|---|---|--------------------------------------|--------------------|--|---|-------------------------|-------------------------------|
| 1 | TYPE 1 | | NAME OF STREET | 10000 | 30000 | | | 10000 | V | 00000 | | | 876 | | NO. |
| | ALL-BOND 2 | Bisco | 847-534-6000 | \$0.69 | 4 | 12 | 68 | L,D,S | Y wright N wridual | Υ | Y | Y | Υ | Υ | N |
| | AMALGAMBOND PLUS | Parkell | 631-249-1134 | \$1.86 | 4 | 9. | 141 | S | n/a | Y | Y. | Y | Υ | N | N |
| | OPTIBOND FL | Kerr | 714-516-7400 | \$0.59 | 3 | 8 | 95 | L | Υ | Υ | Υ | N | Υ. | Υ | N |
| | SCOTCHBOND MULTI-PURPOSE PLUS | 3M | 651-575-5144 | \$1.51 | 3 | 7 | 48 | L,D | Υ | N* | N. | N* | N* | Y | N |
| | TYPE 2 | | | Total Control | 151 | | 10451 | 7.20 | | - 10 | | | | | 100 |
| y | CABRIO | Discus Dental | 310-845-8200 | \$0.34 | 2 | 7 | 53 | L,D | Υ | N* | N. | N. | Net | Y | N |
| | DENTASTIC UNO | Pulpdent | 617-926-6666 | \$0.29 | 2 | 8 | 48 | L,D | Υ | N. | N. | N. | N*± | Y | N |
| | EASY BOND | Parkell | 631-249-1134 | \$0.45 | 2 | 7 | 73 | L | Y | Y | Y | Y | N | N | N |
| | EXCITE | Ivociar/Vivadent | 716-691-0010 | \$0.53 | 2 | 6 | 55 | L | Y | N | Y | Ywisher Nwiser | N | Y | Y |
| | FUJI BOND LC | GC America | 708-597-0900 | \$1.18 | 3 | 6 | 50 | L | Y | Υ | Y | N | N | N | N |
| | GLUMA COMFORT BOND | Heraeus Kulzer | 219-291-0661 | \$0.57 | 2 | 9 | 71 | L | Y | N | N | Y | Y | N | N |
| | GLUMA COMFORT BOND + DESENSITIZER | Heraeus Kulzer | 219-291-0661 | \$0.60 | 2 | 9 | 71 | L | Y | N | N. | Y | Y | N | N |
| | INTEGRABOND | Premier Dental/BJM | 610-239-6000 | \$0.37 | 2 | 7 | 78 | L,D | Y | N* | N* | N* | N | Y | Y |
| | MULTIBOND | Centrix | 203-929-5582 | \$0.45 | 2 | 9 | 157 | L,D | Y wrages N w qual | N* | Υ | N. | Y wright. N wrough | Y | Y |
| | ONE-STEP | Bisco | 847-534-6000 | \$0.44 | 2 | 8 | 51 | L | Y | Y | Y | Υ | YI | Y | N |
| | OPTIBOND SOLO PLUS | Kerr | 714-516-7400 | \$0.49 | 2 | 5 | 57 | L | Y | Y | Υ | Υ | Y | Υ | Y |
| | PQ1 | Ultradent | 801-572-4200 | \$0.96 | 2 | 5 | 57 | L | Y | N | N | Yourse | Y | Y | N |
| | PRIME & BOND NT | Dentsply/Caulk | 302-422-4511 | \$0.88 | 2 | 6 | 65 | LD | Y | N° | Y | Ywan | N. | Y w/ tight N w/ dust | Υ |
| | SINGLE BOND | 3M | 651-575-5144 | \$0.60 | 2 | 7 | 48 | L | Y | N | N. | Y | γ\$ | Υ | N |
| | SNAPBOND | Cooley & Cooley | 281-897-0009 | \$0.28 | 2 | 11 | 59 | L | optional | Y | Y | Y | N | Y | N |
| - 1 | TYPE 3 | | 0330033330 | 230,00 | 9000 | 0000 | (299) | 97878 | 2000 | 10000 | 00000 | 72.00 | 2000 | 000000 | 10000 |
| | CLEARFIL LINER BOND 2V | Kuraray Dental | 212-986-2230 | \$0.52 | 3 | 7 | 69 | L,D | Y | N. | N* | N* | N* | Y | N |
| | CLEARFIL SE BOND | Kuraray Dental | 212-986-2230 | \$0.41 | 2 | 6 | 46 | E | Y | N | Y | N | N | Y | N |
| | MAC-BOND II (only in Japan & Korea) | Tokuyama | 81-3-3597-5101 | t | 3 | 7 | 64 | L | Υ | N | ٧ | N | N | N | N |
| | NRC W/ PRIME & BOND NT (only in Europe for Dyract) | Dentsply/DeTray | 49-(0)75-31-583-0 | + | 2 | 6 | 63 | L,D,S | Y | N | Y | N | N | N | N |
| | TYPE 4 | | the second | Artis) | 129/2 | 11650 | 14825 | 2100 | 1556 (3 | irou | 1975 | 200 | 1000 | 57533 | 2757 |
| | ONE-UP BOND F | J. Morita | 949-581-9600 | \$0.43 | 2 | 4 | 38 | L | Y | N | Y | N | N | N | N |
| | PROMPT L-POP | ESPE | 610-277-3800 | \$1.49 | 1 | 3 | 25 | L | optional | N | N | N | N | N | Y |
| | TOUCH&BOND | Parkell | 631-249-1134 | \$0.52 | 2 | 7 | 47 | L | Y | Y | Υ | Y | N | N | N |

* = This NO becomes a YES if the company's separate dual cure component is used

† = Contact local distributors

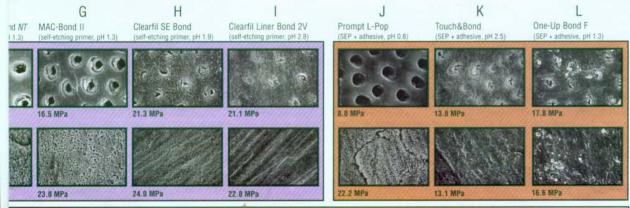
‡ = With company's resin cement

SUMMARY OF TABLE BY COLUMNS:

- A. Across all 4 adhesive types, cost per use varies by brand. As a F. Most adhesive manufacturers recommend light-cure of adhesive group Type 3 SEP's were least expensive. Cost per use of Prompt L-Pop Type 4 SEP adhesive was almost 3 times higher than other
- B. Most of the 26 adhesives tested had 2 critical parts. Type 1 adhesives had 3 or 4 critical parts, while Prompt L-Pop was unique with only 1 critical part.
- C. & D. SEP systems generally required fewer steps with shorter L. application times than other adhesives. Prompt L-Pop & One-Up Bond F had fewest steps (3 & 4) & shortest application times (25 & 35 seconds).
- E. SEP adhesives are similar to other adhesives in that most are light cured & some have dual & self-cure options.
- before direct resin placement, 2 brands are optional & 1 is self-cure.
- G. K. SEP adhesives do not offer the versatility of the Type 1 adhesives. Prompt L-Pop can only be used with direct light-cure resins. Clearfil Liner Bond 2V is an exception. With its dual-cure component, it has the same versatility as Type 1 adhesives.
- Four adhesives currently have pre-dose dispensing. Only Prompt L-Pop has pre-packaged all items needed. Most of the 18 companies in this evaluation plan pre-dose packaging in the future.

HESIVE ETCH COMPONENTS ?

ow, note the product brand name; etchant type, percent, & pH; effect on dentin & enamel topography; & shear bond strengths.



, except for Prompt L-Pop (photo J). All adhesives where etchant pH measured below 1 (photos A, B, C, D, J) gave most profound etch on both Clearfil SE Bond & Clearfil Liner Bond 2V (photos H & I) compared to shear bond strengths listed under photos.

5. IMPORTANT POINTS CONCERNING SEP ADHESIVES:

- A. Two SEP adhesives (ED Primer in Panavia kit & Clearfil Liner Bond 2V Primer) have international reports of lack of post-op sensitivity. Clinical experience with newest group of SEP adhesives is needed to determine if this benefit applies to all SEP adhesives.
- B. <u>SEP concept eliminates the critical damp dry step in "total etch" regimen which has always defied clear definition & consistent execution.</u> With the SEP adhesive concept, the dentin is never denuded which seems to make it a less technique sensitive procedure that can be repeated reliably.
- C. Pre-dose dispensing provides fresh chemistry for each use, prevents cross-contamination, & is faster & easier to use. Currently, 4 systems are available (Excite, OptiBond Solo Plus, Prime & Bond NT & Prompt L-Pop). Prompt L-Pop has the only complete one part system. Clinicians need to be aware that it requires careful squeezing & rolling to expell & mix all components completely.
- D. Most light cure SEP & Type 2 adhesives cannot be used for all bonding applications.

 Dentists should check the chart on page 2 for manufacturer's recommendations before assuming their adhesive of choice can be used for any & all applications.
- E. Brand of restorative material used with an adhesive makes a difference in bond strength. CRA tests with Dyract AP compomer, Heliomolar, Herculite XRV, Spectrum TPH, & Z100 resins showed that Z100 demonstrated the highest bond strengths with all adhesives. Type 3 & 4 SEP adhesives had stronger bonds to Dyract AP compomer & weaker bonds to Heliomolar. More research is needed.
- F. One-Up Bond F uses color coded chemistry to indicate when steps are properly executed.

6. CRA CONCLUSIONS:

All 26 adhesives tested adhered to dentin & enamel adequately in both lab & clinical tests. Factors motivating interest in self-etching primers are reported reduction in post-operative sensitivity & elimination of ambiguous damp dry step. However, with some SEP adhesives clinicians lose the ability to bond to self & dual cure resins, indirect resins, & fresh silver amalgam. Of the SEP adhesives, only Clearfil Liner Bond 2V with its dual cure option can function as a universal adhesive. Prompt L-Pop SEP adhesive has the most unique dispensing, the fewest number of steps, & fastest application time, but it has high cost per use, & can be used only with direct light cure resin restorations. Dental adhesive technology appears to be moving toward self-etching primers, single part pre-dose dispensing, & adhesives with more restricted uses requiring multiple optional components or stocking more than one adhesive in the practice.

See CRA Web Site (www.cranews.com) for methods & detailed results.

TYPE 2 continued



One-Step



OptiBond Solo Plus



PQ1





Single Bond



SnapBond





Clearfil Liner Bond 2



Clearfil SE Bond



MAC-Bond II



ATTO MY T TIME OF BOILD IN



One-Up Bond F



Prompt L-Pop



Touch&Bond